

Devotion, Fourth Week of Lent, March 30, 2025

Rev. Jeanne Simpson



This devotion is from “Savior, Servant, Friend,” Devotions for Lent.
May it help you turn everything over to God, who loves you. Jeanne

“O Lord, you have searched me and known me!” – Psalm 139:1

There is an organ in the human body that everyone claims to have, yet nobody actually has. According to popular belief, this organ develops during adolescence and reaches full functioning during adulthood. Young children and the elderly either do not have this organ or simply choose not to use it.

What is this imaginary organ? A filter. Not a liver that filters toxins from the body; rather, a verbal filter straining out all the thoughts and feelings that probably should not be uttered aloud.

God knows your hidden thoughts and feeling. “Even before a word is on my tongue, behold, O Lord, you know it altogether” (Psalm 139:4). And he loves you nonetheless. When it comes to prayer, do not pretend that you have a filter. God does not want your strained sentiments and sterilized statements. Rather, your friend Jesus wants your unfiltered thoughts and feelings, prayers and petitions. Take it to the Lord in prayer – all of it – knowing that in Jesus, your unfiltered prayers are heard and know.

We have had a recent spate of illnesses and losses in our church family. We pray that they continue to heal and experience wholeness at this time.

Jeanne